

Shanta-Ananda – The Bliss of Silence

## Vedanta

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Entire Vedanta – Through Enquiry or Vichara finally meditation.

Here the summary meanings are given by Translator (A Ritualist – Tantrik Worshipper) – while the full commentary is by a late Shankarachaya – a Realized Soul. So summary meaning is distorted due to ignorance.

Being established in Brahman is only the result. The method of meditation is not on the Brahman – an unknown (thing). The meditation is focusing on "Amness" i.e. 'I Am – AHAM ASMI'. This is a known factor, direct method and a different version of 'Who am I?', where doubt is involved. In 'I Am' – No Doubt. IN JAR - FINDLEY MIND DIS APPEARS JAPA IS D-K. BET THEY ALE A PROCESS OF EFFART. BY JAPA alone one can reach the goal. But for those who don't believe in this? De Im all processos iden in if for focus all your attention with entire being a my NAME, MANTAR & Statement is a SINGLE IDEA & THOUGHT\_ BILL THOUGHTS DISAPPEAR JO THE RESULT IS DUSY ONE: B-COOLDING TO

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IT IS MAN THOUGHTS LEAVING. THE SE CILLI INSTRUMENT CILLI MUNIS WHICH IS SEMI ONSCIOUS - SEMI INERT + acts the reflection of light of CONSCIONSNESS IS BLOKEN & THROWN OFFI This is MANO NASH - COMPLETE DESTRUCTION OF MIND - NOT TENDOROGY EXTINCTION. In Japa – Finally Mind Disappears. Japa is O.K. But it is a process of effort. By Japa alone one can reach the goal. But for those who don't believe in this?

In all processes idea is if you focus all your attention with entire being on any Name, Mantra or Statement i.e. a Single Idea or Thought – all Thoughts disappear. So the result is only one according to constitutional suitability and what sadhana was done in previous births, we choose the path. You have REALLY NO CHOICE.

It is the mind which creates the ghost of Individuality and Differences. When Mind Disappears – only the Totality Exists – from there the 'Realisation' is not far off.

It is not Thoughts Leaving. The so called instrument called Mind which is semi-inert and acts through the reflection of light of Consciousness is broken and thrown off. This is Mano Nasa – complete destruction of Mind – not temporary extinction.