

Thought translated to action becomes dangerous

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Any thought if translated into action becomes dangerous. However much we may day dream and indulge in the thought, if it does not result in action and gets aborted, a frustration builds up around the thought and its power gets diminished. That is why, the more we struggle and fight every time a sensuous thought comes, even though we may get defeated, so long as we keep up the fight, the will power will become stronger and stronger and one day the will power will be able to assert its supremacy. It is a long process. So if prayer and surrender is added to the fight, the result will be quicker.