



Remain in 'I am'

MIND IS A MICROSCOPICAL
reflection of TOTAL CONSCIOUSNESS
IGNORE THE MIND
LIVE IN CONSCIOUSNESS.
What is CONSCIOUSNESS?
IT IS AWARENESS OF EXISTENCE.
- 'AM'NESS.
A child just born has no
Vocabulary so NO THOUGHT -
IT LIVES IN THE KNOWLEDGE
"I AM" - NO qualifications like
I'm a child, I am 2 hours
old. JUST REMAIN IN THE
FULL FEELING OF 'I AM'

Mind is a microscopical reflection of Total Consciousness. Ignore the mind live in consciousness.

What is consciousness?

It is awareness of Existence - 'AM'NESS.

A child just born has no vocabulary, so no thought - it lives in the knowledge 'I am'. No qualifications like 'I'm a child, I am 2 hours old.' Just remain in the full feeling of 'I am'.