

Mantra Japa

MGDITATION B NEVER TANGHT IN DITHODOX LORE - DNCY MANTRA JAPA - IT Lech to MEDITATION & SAMADHI BY ITSGERS MY GWUL DYD THAT-HINGST ALL 250 to 300 SISHYAS OF MING WELG ONCY GIVEN MANTRAS. The PARABLE OF SOWING SECONS Who.

Meditation is never taught in orthodox lore. Only Mantra Japa. It leads to meditation and samadhi by itself.

My Guru did that. Almost 250-300 shishyas of mine were only given mantras. The parable of sowing seeds which fell in different places.